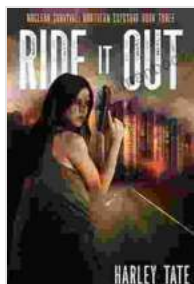


# Ride It Out Nuclear Survival Northern Exposure: Your Ultimate Guide to Survival



## Ride it Out (Nuclear Survival: Northern Exposure Book

3) by Harley Tate

★★★★☆ 4.5 out of 5

Language	: English
File size	: 2042 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 240 pages
Lending	: Enabled



The threat of nuclear war is one that we should all be aware of. While the chances of a nuclear attack are relatively low, it is important to be prepared in the event that one does occur. This is especially true for those of us who live in the northern regions of the United States, as we are more likely to be targeted in the event of a nuclear attack.

The good news is that there are steps you can take to increase your chances of surviving a nuclear attack. One of the most important things you can do is to have a plan in place. This plan should include:

- A place to go where you will be safe from the radiation and fallout
- A way to get food and water

- A way to stay warm
- A way to communicate with others

In addition to having a plan, it is also important to have the following supplies on hand:

- A first-aid kit
- A flashlight
- A radio
- A whistle
- A map of the area
- A compass
- Fire-starter
- Food and water
- Medicine
- Toilet paper
- Sanitation wipes

If you are caught in a nuclear attack, it is important to stay calm and follow your plan. The following steps will help you to increase your chances of survival:

1. Get to your shelter as quickly as possible. If you are not able to get to your shelter, find a place that will provide you with protection from the

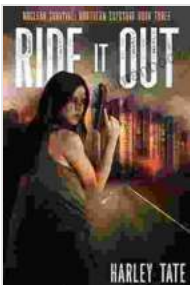
radiation and fallout, such as a basement or underground parking garage.

2. Close all windows and doors.
3. Turn off all gas and electrical appliances.
4. Listen to the radio for instructions from the authorities.
5. Stay in your shelter for at least 24 hours, or until the authorities tell you it is safe to come out.

If you follow these steps, you will increase your chances of surviving a nuclear attack. However, it is important to remember that there is no guarantee of survival. The best way to protect yourself and your loved ones is to be prepared.

## Additional Resources

- Ready.gov: Nuclear Attack
- CDC: Nuclear Bomb Explosions and Public Health
- FEMA: Radiation



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